



Kavali
Plastic Surgery

Laser Hair Removal Pre-Procedure Instructions

- If you are prone to cold sores and are having facial hair removal done, you will need to let us know so that we can prescribe an antiviral medication so you don't have a post-treatment breakout. You should begin antiviral treatment two days before your microdermabrasion and continue them for 5 days after microdermabrasion.
- If you are having facial hair removal done, you should discontinue use of prescription Retinoid products (Retin-A, Renova, Tretinoin, Avita, Alustra, or other brands of tretinoin), other prescription Retonoid products (Adapalene, Avage, Differin, Tazaroc, Tazarotene) for 2 days prior to treatment.
- No waxing, electrolysis, Nair, plucking, or tweezing for at least three weeks prior to each laser hair removal session. This is because the laser needs the hair root intact to work effectively.
- NO TANNING OF ANY KIND for at least 3 weeks prior to each treatment. This includes tanning beds, natural sun exposure, tanning creams/lotions, and tan extender lotions. The laser "sees" color, and you are much more prone to burns during treatment if your skin is tanned.
- On the morning of, or the day prior to, your treatment, PLEASE DO SHAVE the area to be treated. This makes your treatment more effective because the laser's energy is then entirely focused on the hair root.
- If you are using numbing cream, please be sure to apply it 45-60 minutes PRIOR TO YOUR TREATMENT TIME. Follow the instructions on the prescription canister for optimal and safe results.