



Kavali
Plastic Surgery

Medication instructions:

Keflex (cephalexin) or Levaquin (levofloxacin): antibiotic to prevent bacterial infection. Begin taking this medication the night you arrive home from surgery. You will follow the directions on the bottle until all the pills are gone.

Percocet (oxycodone) or Vicodin (hydrocodone) or Dilaudid (hydromorphone): You will have one of these narcotics for pain. Take 1-2 pills every 6 hours as needed for pain. DO NOT COMBINE TYLENOL WITH ANY OF THESE MEDICATIONS, since they already contain Tylenol, and it is possible to overdose and cause liver damage. However, I encourage you to combine these medications with **motrin/ibuprofen/advil** which should be taken with food or milk to prevent upset stomach. Take the prescribed narcotic, then 3 hours later, take motrin/ibuprofen/advil 600-800 mg, then 3 hours later, take the prescribed narcotic. You'll be taking each one no sooner than 6 hours apart, but you have something for pain every 3 hours.

For Example:

6am	9am	12pm	3pm	6pm	9pm
Percocet	Motrin	Percocet	Motrin	Percocet	Motrin

Narcotic pain medication can cause constipation. To help prevent post-operative constipation, increase your water intake 2 days prior to surgery, drink prune juice prior to and after surgery, and take an over-the-counter stool softener after the surgery.

Phenergan (promethazine) or Zofran (ondansetron): for nausea. You need to take this only if you feel nauseated. Please call if you feel like the nausea appears to be related to the narcotic.

Robaxin (methocarbamol): This is a muscle relaxer used after some of our procedures. If you are given this medication, it is to be used every 6 hours for tightness. This medication may end up being used longer than the narcotic if the main cause of discomfort is tightness and not true pain.

Valium (diazepam): If you are having a procedure in the office, you will receive this medication. Please bring this medication with you to the office. We will direct you as to when to take this medication.

TNS Body Lotion: This scar treatment will be given to you at your post-op visit, if your surgery quote included it as part of your package. You will be given instructions on how to use this product at that time. If you have not received a bottle of TNS body lotion as part of your package, but would like to purchase one, please let us know anytime.