



Kavali  
Plastic Surgery

## Microdermabrasion Pre-Procedure Instructions

- Contact lenses cannot be worn during microdermabrasion. Please remove them prior to your appointment.
- If you are prone to cold sores, you will need to let us know so that we can prescribe an antiviral medication so you don't have a post-treatment breakout. You should begin antiviral treatment two days before your microdermabrasion and continue them for 5 days after microdermabrasion.
- Discontinue use of prescription Retinoid products (Retin-A, Renova, Tretinoin, Avita, Alustra, or other brands of tretinoin), other prescription Retonoid products (Adapalene, Avage, Differin, Tazaroc, Tazarotene) for 2 days prior to treatment.
- No waxing or electrolysis for at least one week prior to microdermabrasion.
- You may have Botox or filler treatments done on the same day as microdermabrasion , if you so desire.
- Remember that optimal results are obtained when you follow a home-care regimen to enhance the overall process. We will make appropriate recommendations for your individual skin care needs.