



Kavali  
Plastic Surgery

**Medication instructions:**

**Keflex (cephalexin) or Levaquin (levofloxacin):** antibiotic to prevent bacterial infection. Begin taking this medication the night you arrive home from surgery. You will follow the directions on the bottle until all the pills are gone.

**Percocet (oxycodone) or Vicodin (hydrocodone) or Dilaudid (hydromorphone):** You will have one of these narcotics for pain. Take 1-2 pills every 6 hours as needed for pain. DO NOT COMBINE TYLENOL WITH ANY OF THESE MEDICATIONS, since they already contain Tylenol, and it is possible to overdose and cause liver damage. However, I encourage you to combine these medications with **motrin/ibuprofen/advil** which should be taken with food or milk to prevent upset stomach. Take the prescribed narcotic, then 3 hours later, take motrin/ibuprofen/advil 600-800 mg, then 3 hours later, take the prescribed narcotic. You'll be taking each one no sooner than 6 hours apart, but you have something for pain every 3 hours.

For Example:

6am	9am	12pm	3pm	6pm	9pm
Percocet	Motrin	Percocet	Motrin	Percocet	Motrin

Narcotic pain medication can cause constipation. To help prevent post-operative constipation, increase your water intake 2 days prior to surgery, drink prune juice prior to and after surgery, and take an over-the-counter stool softener after the surgery.

**Phenergan (promethazine) or Zofran (ondansetron):** for nausea. You need to take this only if you feel nauseated. Please call if you feel like the nausea appears to be related to the narcotic.

**Robaxin (methocarbamol):** This is a muscle relaxer used after some of our procedures. If you are given this medication, it is to be used every 6 hours for tightness. This medication may end up being used longer than the narcotic if the main cause of discomfort is tightness and not true pain.

**Valium (diazepam):** If you are having a procedure in the office, you will receive this medication. Please bring this medication with you to the office. We will direct you as to when to take this medication.

**TNS Body Lotion:** This scar treatment will be given to you at your post-op visit, if your surgery quote included it as part of your package. You will be given instructions on how to use this product at that time. If you have not received a bottle of TNS body lotion as part of your package, but would like to purchase one, please let us know anytime.