



Kavali
Plastic Surgery

PREOPERATIVE INSTRUCTIONS

You are currently scheduled for

Procedure:

Location:

Date / Time:

It is hoped that the following information will help your surgical experience to proceed smoothly. The time, and possibly the place of your surgery, may change. You should be notified if this occurs.

If you are to receive anesthesia, you will have an opportunity to discuss your anesthesia with an anesthesiologist. This may occur on the day of your surgery or possibly on the phone the night before. Be sure to ask any questions regarding your anesthesia at that time. Be sure that Dr. Kavali and the hospital have a complete list of medications you are taking or have taken within the last 12 months. These include any prescription medications as well as over-the-counter medications. It is a good idea to bring all your current medications in their pharmacy bottles with you on the day of surgery.

It is very important that you do not eat or drink anything (not even coffee, tea, water, gum, or candy) after midnight the evening before surgery. Please be sure you know whether or not you are to take your regular medications on the day of surgery. If so, take them only with a sip of water.

Should you develop a fever or any kind of illness, please call the office.

Wear simple, comfortable clothing. Please do not wear jewelry or makeup. Contact lenses should not be worn. You may bring your glasses.

Do not apply lotion to your body the day of surgery. Please shave any hair that is in the area we will be working, as it may make wound closure difficult or keep dressings from sticking.

A responsible adult must be available to take you home. In addition, you should plan to have someone stay with you at least overnight following surgery.

Do not take aspirin, aspirin-containing medications, Motrin, Ibuprofen or similar medications (even Alka-Seltzer Plus and Pepto bismol contain aspirin) for at least TWO WEEKS prior to your surgery. Limit your intake of Vitamin E to less than 400 mg/day. Many over the counter dietary aids, including weight loss medications, also have undesirable and unintended side effects. Please ask if you have any questions about any medications.

If you have any questions, please call the office. Be sure all your questions are fully answered.