

# November 2015 – Sheila Ball



*Congratulations to Sheila for being named our November 2015 Volunteer of the Month! Sheila has been volunteering with us for years, and it's a family tradition!*

1. How long have you been volunteering with Atlanta Track Club?

**I've been volunteering with Atlanta Track Club for approximately 10 years.**

2. Do you remember your first time volunteering with Atlanta Track Club? If so, what event was it and what brought you back again?

**My first time volunteering with the Atlanta Track Club was for the AJC Peachtree Road Race handing out T-shirts. There were a lot of people getting their shirts so you had to be organized and move fast. I think I keep coming back for more because I like to be on the giving end and it's inspiring to help people**

**accomplish their worthwhile goals.**

3. What is your favorite Atlanta Track Club event? Why?

**One of my favorite events is the Women's 5K because it seemed I always saw a lot of kids running the race with their mothers. I also enjoy Peachtree Junior, because the kids are so competitive.**

4. What is your favorite thing about volunteering with Atlanta Track Club? What brings you back?

**I really enjoy working in the office helping prepare for a race. Working in the office gives me the opportunity to meet other volunteers and get to know them a bit on a different level than at a race. I enjoy coming back because I feel I'm part of a worthwhile endeavor. Again, I'm helping people reach a worthwhile goal.**

5. Do you do any volunteering in the community beyond Atlanta Track Club?

**I also volunteer at my church - I usher, I'm lecture chairman and assistant superintendent in our Sunday School. I usher at the Atlanta Symphony and the Alliance Theater.**

6. Tell us something interesting about yourself – an interesting fact or story that will help us get to know you...

**I moved to Atlanta, Georgia with my family in 1964 from Windsor, Ontario, Canada. My mother, Shirley Bersch, did data entry at the Atlanta Track Club weekly, after retiring from Atlanta Regional**

**Commission. Coming to the "Track Club" was a very meaningful and important part of her weekly routine.**