Meet the
2015 All-Metro High School Track and Field Team

Atlanta Track Club's Criteria for Selection
1. All athletes must attend a school that belongs to the Georgia High School Association in the All-Metro region.
2. Only high school competition during the season is considered. No club, pre-season or post season competition results apply. Certain out of state competitions are considered if they are GHSA sanctioned.
3. Time at state
4. Season Best
5. Head to Head Competition
6. Consistency throughout the season
7. Athletes must be in good standing with their school to be considered.
<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>School</th>
<th>Grade</th>
<th>Classification</th>
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</thead>
<tbody>
<tr>
<td>100 m</td>
<td>Candace Hill</td>
<td>Rockdale Co.</td>
<td>10</td>
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<tr>
<td>200 m</td>
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<tr>
<td>400 m</td>
<td>Aliyah Abrams</td>
<td>Grayson</td>
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<tr>
<td>800 m</td>
<td>Caitie Faust</td>
<td>Marist</td>
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<tr>
<td>1600 m</td>
<td>Lindsay Billings</td>
<td>Northview</td>
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<tr>
<td>3200 m</td>
<td>Morgan Ilse</td>
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<tr>
<td>100 mH</td>
<td>Chinyere Njoku</td>
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<td>4 x 100 m</td>
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<td>4 x 400 m</td>
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<tr>
<td>Triple Jump</td>
<td>Bria Matthews</td>
<td>Forest Park</td>
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<tr>
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<td>Johns Creek</td>
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<tr>
<td>Pole Vault</td>
<td>Rachel Sherrill</td>
<td>Dacula</td>
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</table>
100 Meter Dash
Candace Hill – Rockdale Co. High School
- 6A State Champion
- State Record Holder in 11.34 seconds

200 Meter Dash
Candace Hill – Rockdale Co. High School
- 6A State Champion
- State Record Holder in 23.05 seconds

400 Meter Dash
Aliyah Abrams – Grayson High School
- 6A State Champion
- State Time of 53.1
800 Meter Run  
Caitie Faust – Marist School  
- 4A State Champion  
- 2:10.71 Season Best

1600 Meter Run  
Lindsay Billings – Northview High School  
- 6A State Champion  
- 4:50.8 at State Meet

3200 Meter Run  
Morgan Ilse – Marist School  
- 4A State Champion  
- 10:25.4 at State Meet
100 Meter Hurdles
Chinyere Njoku – Fayette Co. High School
- 4A State Champion
- 13.82 Season Best Time

300 Meter Hurdles
Alexis Jones – Campbell High School
- 6A State Champion
- 42.12 Season Best Time

4 x 100 Meter Relay
Aliyah Abrams, Alexis Adams, Sydney Davis,
Chika Montanya – Grayson High School
- 6A State Champions
- 46.58 State Time
4 x 400 Meter Relay
Tyra Williams, Lauren Jackson, Dorian Perkins, Michaiah Ransby, Jayda Howard, Bria Dean - North Springs Charter High School
- 6A State Champions
- 3:41.5 Season Best Time

Shot Put
Vicki Harris – Parkview High School
- 6A State Champion
- 46-02.25 Season Best

Discus
Hayden Merrick – Johns Creek High School
- 6A State Champion
- 147-03.00 Season Best
Long Jump
Alexis Farley – Starr’s Mill High School
- 5A State Runner up
- 19-05.50 Season Best

Triple Jump
Bria Matthews – Forest Park High School
- 5A State Champion
- 43-05.50 Season Best

High Jump
Asia Green – Fayette Co. High School
- 5A State Champion
- 5-08.00 Season Best Jump
Pole Vault
Rachel Sherrill – Dacula High School
- 6A State Champion
- 11-06.00 State Jump
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100 Meter Dash
Ryan Clark – Banneker High School
- 5A State Champion
- State time of 10.26

200 Meter Dash
Ryan Clark – Banneker High School
- 5A State Champion
- Season Best Time 20.64

400 Meter Dash
Terry Conwell
- 5A State Runner-up
- Season Best Time 47.55
800 Meter Run
Devin Dixon – Eagles Landing High School
- 4A State Champion
- Season Best time 1:52.71

1600 Meter Run
Logan Poteet – Kell High School
- 5A State Champion
- Season Best time of 4:12

3200 Meter Run
Logan Poteet – Kell High School
- 5A State Champion
- Season Best time of 8:57.97
110 Meter Hurdles
Daniel Roberts – Hampton High School
- 4A State Champion
- Season best time 13.68

300 Meter Hurdles
Daniel Roberts – Hampton High School
- 4A State Champion
- State Time 36.97

4 x 100 Meter Relay
Ismail Abdul, Cedric Asseh, Cameron Douglas, Trevious Frazier, Toritsematse Ogedebe – Grayson High School
- 6A State Champion
- Season best time 41.23
4 x 400 Meter Relay
Jordan Billingslea, Ryan Clark, Bobby Johnson, Kden Johnson, Xavier Poole-Fortson – Banneker High School
- 5A State Champion
- State time 3:12

Shot Put
Isaiah Rogers – Campbell High School
- 6A State Champion
- Season best Throw 63-11.25

Discus
Kenneth Brinson – Marist School
- 4A State Champion
- Season Best 189-02.00
Long Jump
Chris McBride – Redan High School
- 4A State Champion
- Season Best Jump 23-11.00

Triple Jump
Lasheon Strozier – Lithia Springs High School
- 5A State Champion
- Season Best Jump 49-04.00

High Jump
Robert Dunning – Kennesaw Mountain High School
- 6A State Champion
- Season Best Jump 6-08.00
Pole Vault
Jacob Zambo – Mill Creek High School
- 6A State Champion
- Season best Vault 14-07.00