

ALL-METRO

CROSS COUNTRY

Meet the 2014 All-Metro High School Cross Country Team

Atlanta Track Club's Criteria for Selection

1. All athletes must attend a school that belongs to the Georgia High School Association in the All-Metro region.
2. Only high school competition during the season is considered. No club, pre-season or post season competition results apply. Certain out of state competitions are considered if they are GHSA sanctioned.
3. Place at state
4. Time at state
5. Fast season times- Taking into account what courses these times were run on.
6. Number of fast times
7. Big Meet Performance- How high an athlete places in a high level invitational is important
8. Season's Performance - county and regional performance
9. Athletes must be in good standing with their school to be considered.



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Name		School	Grade	Classification
Anna	Barefield	Northview	11	6A
Lindsay	Billings	Northview	11	6A
Avery	Bussjager	Walton	12	6A
Savannah	Carnahan	South Forsyth	11	6A
Kaylee	Dupont	South Forsyth	9	6A
Caitie	Faust	Marist	12	4A
Nicole	Fegans	Landmark Christian	10	1A
Kathryn	Foreman	Landmark Christian	11	1A
Sara	Scales	Mill Creek	10	6A
Liz	Galarza	West Forsyth	10	6A
Delaney	Graham	Westminster	9	3A
Elizabeth	Graves	Riverwood	10	5A
Emma Grace	Hurley	Fellowship Christian	11	1A
Morgan	Ilse	Marist	12	4A
Alexandra	Melehan	Woodstock	12	6A
Hannah	Petit	Mill Creek	11	6A
Mary Claire	Soloman	Blessed Trinity	11	3A
Olivia	Terwilliger	Kell	11	5A
Serena	Tripodi	Lovett	10	2A
Mary	Valli	Starrs Mill	9	5A
Josie	Wirtz	Marist	9	4A

*This list is an alphabetical listing and is not in any particular order/ranking until all voting ballots are received



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Anna Barefield– Class 6A

Northview HS, 11th grade

Place at State: 8th

4th place – Covered Bridge Run & Lambert River Run

17th place - Carrollton Orthopedic Invitational



Lindsay Billings – Class 6A

Northview HS, 11th grade

Place at State: 1st

1st place - Nike/Fleet Feet Coach Wood Invitational 2014

1st place - Carrollton Orthopedic Invitational

Avery Bussjager – Class 6A

Walton HS, 12th grade

Place at State: 2nd

2nd place – Atlanta Classic

5th Place - Nike/Fleet Feet Coach Wood Invitational



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Savannah Carnahan– Class 6A

South Forsyth HS, 11th grade

Place at State: 4th

1st place - Alexander HS / Asics XC Invitational,

1st place - Carrollton Last Chance



Kaylee Dupont– Class 6A

South Forsyth HS, 9th grade

Place at State: 6th

2nd place - Alexander HS / Asics XC Invitational

2nd place - Carrollton Last Chance, and Mountain Invitational

Caitie Faust– Class 4A

Marist, 12th grade

Place at State: 3rd

16th place - Nike/Fleet Feet Coach Wood Invitational 2014

6th place - Warpath Invitational



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Nicole Fegans– Class 1A

Landmark Christian HS, 10th grade

Place at State: 2nd

1st place – Carrollton Last Chance

2nd place – Saucony Battle of Atlanta

7th place - Carrollton Orthopedic Invitational



Kathryn Foreman– Class 1A

Landmark Christian HS, 11th grade

Place at State: 4th

1st place – Saucony Battle of Atlanta

3rd place - Carrollton Orthopedic Invitational

Liz Galarza– Class 6A

West Forsyth HS, 10th grade

Place at State: 3rd

2nd place – University of Alabama Crimson Classic

4th place - Carrollton Orthopedic Invitational



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Delaney Graham, Class 3A

Westminster, 9th grade

Place at State: 3rd

1st place – Region 4-AAA Meet

8th place - Alexander HS / Asics XC Invitational



Elizabeth Graves– Class 5A

Riverwood HS, 10th grade

Place at State: 2nd

1st place – Sharptop Invitational (HS+MS)Invitational

3rd place - 3rd Annual AT&T Panther XC Invitational

Emma Grace Hurley – Class 1A

Fellowship Christian, 11th grade

Place at State: 1st

1st place – Alexander HS/Asics XC Invitational

1st place – Warpath Invitational



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Morgan Ilse, Class 4A

Marist, 12th grade

Place at State: 1st

1st place – The Coach Benson Double Dip Invitational

2nd place – Nike/Fleet Feet Coach Wood Invitational 2014



Alexandra Melehan– Class 6A

Woodstock HS, 12th grade

Place at State: 5th

3rd place - Saucony Battle of Atlanta

4th place – Nike/Fleet Feet Coach Wood Invitational 2014

9th place - Carrollton Orthopedic Invitational

Hannah Petit– Class 6A

Mill Creek HS, 11th grade

Place at State: 7th

6th place - Nike/Fleet Feet Coach Wood Invitational 2014

11th place – Carrollton Orthopedic Invitational



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Sara Scales – Class 6A

Mill Creek HS, 10th grade

Place at State: 10th

11th place - Nike/Fleet Feet Coach Wood Invitational 2014

3rd place - Gwinnett County Championships



Mary Claire Soloman – Class 3A

Blessed Trinity, 11th grade

Place at State: 2nd

3rd place –Bob Blastow Early Bird

3rd place - Gulf Coast Cross Country Stampede

Olivia Terwilliger– Class 5A

Kell HS, 11th grade

Place at State: 4th

2nd place – Nike/Fleet Feet Coach Wood Invitational 2014

5th place - Saucony Battle of Atlanta



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Serena Tripodi– Class 2A

Lovett, 10th grade

Place at State: 1st

1st place - Carrollton Orthopedic Invitational

3rd place - Nike/Fleet Feet Coach Wood Invitational 2014



Mary Valli – Class 5A

Starrs Mill HS, 9th grade

Place at State: 3rd

3rd place - Aubrae Gunderson Invitational

10th place - 3rd Annual AT&T Panther XC Invitational

Josie Wirtz– Class 4A

Marist, 9th grade

Place at State: 2nd

5th place - 10th Annual NEGA Cross Country Championships

10th place – Nike/Fleet Feet Coach Wood Invitational 2014



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Name		School	Grade	Classification
Abbas	Abbkar	Clarkston	12	5A
Tyler	Barber	Mountain View	11	6A
Khayvonn	Benson	Marietta	11	6A
Nik	Calia	St. Pius X	12	4A
Sam	Costa	Mill Creek	11	6A
Ben	Davies	Holy Innocents	10	2A
Reilly	Friedman	Galloway	12	1A
Brennan	Garriques	Creekview	12	5A
John	Green	West Forsyth	11	6A
Robby	Keough	Whitefield Academy	12	1A
Stephen	Martinez	St. Pius X	12	4A
Alex	Murfee	Woodward	12	4A
Colton	Page	Allatoona	10	5A
Isaac	Penman	Peachtree Ridge	12	6A
Frank	Pittman	Marist	11	4A
Logan	Poteet	Kell	12	5A
Mitchell	Sanders	Walton	12	6A
Taylor	Scarbrough	Cherokee	11	6A
Jonathan	Schwind	Lambert	11	6A
Davis	Stockwell	Lakeside HS, Dekalb	11	6A
Carlos	Torres	Marietta	11	6A

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Abbas Abbkar – Class 5A

Clarkston HS, 12th grade

Place at State: 6th

2nd place - Bob Blastow Early Bird

2nd place - Aubrae Gunderson Invitational



Tyler Barber – Class 6A

Mountain View HS, 11th grade

Place at State: 2nd

1st place – Gwinnett County Championships

2nd place - The Saucony XC Kickoff Classic

Khayvonn Benson – Class 6A

Marietta HS, 11th grade

Place at State: 18th

3rd place – Nike/Fleet Feet Coach Wood Invitational 2014

5th place - Carrollton Orthopedic Invitational



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Nik Calia – Class 4A

St. Pius X, 12th grade

Place at State: 7th

15th place - Carrollton Orthopedic Invitational

5th place - Berry College Clara Bowl Invitational



Sam Costa – Class 6A

Mills Creek HS, 11th grade

Place at State: 12th

4th place - Gwinnett County Championships

12th place - Nike/Fleet Feet Coach Wood Invitational 2014

Ben Davies – Class 2A

Holy Innocents, 10th grade

Place at State: 2nd

2nd place - WRHS 3rd Annual Run Wild Invitational

2nd place - Wesleyan Home Meet 9-13



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Reilly Friedman – Class 1A

Galloway, 12th grade

Place at State: 1st

1st place - Nike/Fleet Feet Coach Wood Invitational

1st place - Alexander HS / Asics XC Invitational



Brennan Garriques – Class 5A

Creekview HS, 12th grade

Place at State: 5th

3rd place - Carrollton Orthopedic Invitational

3rd place - Coach Wood Invitational

John Green – Class 6A

West Forsyth HS, 11th grade

Place at State: 8th

1st place - The Coach Benson Double Dip Invitational 4th place –
Carrollton Orthopedic Invitational



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Robby Keough – Class 1A

Whitefield Academy, 12th grade

Place at State: 2nd

2nd place - Carrollton Last Chance

6th place - The Coach Benson Double Dip Invitational



Stephen Martinez – Class 4A

St Pius X, 12th grade

Place at State: 3rd

3rd place – Berry College Clara Bowl Invitational

13th place - Carrollton Orthopedic Invitational

Alex Murfee – Class 4A

Woodward, 12th grade

Place at State: 1st

1st place - Bob Blastow Early Bird

5th place - The Coach Benson Double Dip Invitational

7th place – Nike/Fleet Feet Coach Wood Invitational 2014



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Colton Page – Class 5A

Allatoona HS, 10th grade

Place at State: 8th

3rd place – Aubrae Gunderson Invitational

3rd place – Cobb County Cross Country Championships



Isaac Penman – Class 6A

Peachtree Ridge HS, 12th grade

Place at State: 6th

4th place - Spikes and Spurs Classic

6th place - Carrollton Orthopedic Invitational

Frank Pittman – Class 4A

Marist, 11th grade

Place at State: 2nd

1st place - 10th Annual NEGA Cross Country Championships

2nd place - The Coach Benson Double Dip Invitational

4th place – Nike/Fleet Feet Coach Wood Invitational 2014



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Logan Poteet – Class 5A

Kell HS, 12th grade

Place at State: 1st

1st place - Golden Eagle Invitational

1st place - 10th Annual NEGA Cross Country Championships



Mitchell Sanders – Class 6A

Walton HS, 12th grade

Place at State: 4th

2nd place – Atlanta Classic

5th place - 16th Annual Jesse Owens Classic

Taylor Scarbrough – Class 6A

Cherokee HS, 11th grade

Place at State: 7th

1st place - Cherokee County XC Championship

4th place - 33rd Annual Westover Invitational



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Jonathan Schwind – Class 6A

Lambert HS, 11th grade

Place at State: 5th

3rd place - AT&T Panther XC Invitational

4th place - Berry College Clara Bowl Invitational



Davis Stockwell – Class 6A

Lakeside HS, Dekalb, 11th grade

Place at State: 1st

1st place – Aubrae Gunderson Invitational

4th place - The Coach Benson Double Dip Invitational

6th place –Nike/Fleet Feet Coach Wood Invitational 2014

Carlos Torres – Class 6A

Marietta HS, 11th grade

Place at State: 3rd

4th place – 11th Annual Darlington CC Festival

12th place - Battle of Atlanta



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