

## Fotofacial/Refirme/Matrix IR Office Laser Pre-Procedure Instructions

- If you are prone to cold sores, you will need to let us know so that we can
  prescribe an antiviral medication so you don't have a post-treatment
  breakout. You should begin antiviral treatment two days before your
  microdermabrasion and continue them for 5 days after
  microdermabrasion.
- Discontinue use of prescription Retinoid products (Retin-A, Renova, Tretinoin, Avita, Alustra, or other brands of tretinoin), other prescription Retonoid products (Adapalene, Avage, Differin, Tazaroc, Tazarotene) for 2 days prior to treatment.
- No waxing or electrolysis for at least one week prior to Fotofacial/Refirme/ Matrix IR treatment.
- You <u>may</u> have Botox or filler treatments done on the same day as your Fotofacial/Refirme/Matrix IR treatment, if you so desire.
- Remember that optimal results are obtained when you follow a home-care regimen to enhance the overall process. We will make appropriate recommendations for your individual skin care needs.